FEDIMPACT

Retirement Training by PROFEDS

Own your federal retirement.

Discover how to be the hero in your own retirement story!

Attend a FedImpact Retirement Workshop and learn how to maximize your federal benefits. These benefits can be confusing and that makes planning for retirement frustrating.

Our mission is to help you to understand what is available, avoid the red tape, and create a clear path to retire ready.

> *"The workshop you delivered yesterday was phenomenal. I enjoyed the presentation as well as the class participation and interaction."*
>
> *D.S., Office of Personnel Mgmt., Washington, DC*

Join us on Tuesday

DECEMBER 8, 2026

9:00am - 4:00pm

Quincy Sons of Italy, Venetian Room
120 Quarry St.
Quincy, MA 0216

FedImpact.com/VLFG

Hosted by: Victoria Lowrey & Jimmy Sullivan
with Lowrey Financial Group

TOPICS COVERED:

General Planning
CSRS & FERS Pensions
Survivor Benefit Plan
Social Security
FERS Supplement
FLTCIP (long-term care)
FEGLI (life)
FEHB (health)
Thrift Savings Plan
...and more!

Scan to register VLFG

A light lunch will be provided, and spouses are encouraged to attend. Request paid time off to attend at: FedImpact.com/SF-182

GSA Schedule

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ProFeds is a Service-Disabled, Veteran-Owned and Woman-Owned, small business serving the training needs of federal agencies by providing quality workshops as a federal contractor (CAGE# 5YRG2).

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TELL US ABOUT YOUR FEDERAL SERVICE

Your Retirement System:

- ☐ CSRS *(Typically hired before 1984)*
- ☐ FERS *(Typically hired 1984 and later)*

Special Provision:

- ☐ Law Enforcement
- ☐ Firefighter
- ☐ Air Traffic Controller

CONTACT INFORMATION

Name *(First & Last)*:

Spouse's Name *(if attending)*:

Department/Agency:

Work Phone (*include ext.)*:

Home Phone:

Work Email:

Home Email:

Home Address:

Referred By:

SUBMIT YOUR REGISTRATION ▶

EMAIL: workshops@profeds.com
FAX: 866-779-9921
CALL: 844-PRO-FEDS

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